

Why Mentoring?

Mentoring is a powerful form of human development. It is not a new concept and has been part of informal and formal development programs for some time.

Mentoring involves a relationship between a Mentor and Mentee. Mentors are responsible for facilitating personal and social growth in their mentee by sharing the knowledge and insights that have been learned through the years.

Mentoring offers opportunities for mentors and mentees to expand their leadership, interpersonal, and life skills. The process can be simple and natural or very sophisticated.

Relax... You've probably been mentoring people for years but have not called yourself a "mentor" as such.

A Simple Definition of Mentoring

Simply put, mentoring aims to provide a structured and trusting relationship that brings young people together with caring individuals who offer guidance, support and encouragement.

Supported By-



Costs - \$6,000 per mentor includes-

- *10% deposit at commencement of training and full payment to be made at least one month prior to departure
- * Kokoda Spirit Aussie led trek
- * Airfares & Travel Insurance
- * Backpack & Boots
- * Sleeping bag & mat
- * T-shirt, Hats etc.
- * Training, physical & mentoring
- * Social functions & team building
- * Field Guide to Kokoda book

Mentor Requirements (Over 18)

- * Working with Children & Police Check
(Must be obtained prior to young people starting training)
- * Passport

Training commences Monday February 20, 2017

Takes place Monday and Wednesday evenings starts at 6.00pm at Jaycee Park.

2017 Kokoda Trek Dates -

Approximately September 25 –October 6, these dates will be confirmed at a later date.

Email- kinnes@masp.org.au

Mobile- 0400 675 933

Direct- (03) 5021 6507



Mallee Accommodation & Support Program
140 Langtree Avenue Mildura
Telephone 03 5021 6500
Email info@masp.org.au
www.masp.org.au



KOKODA YOUTH MENTORING
PROGRAM
Mentor Information 2017

Program Description

Since its inception in 2006, MASP's Kokoda Youth Mentoring program has had an impact on the lives of over 140 young people and 160 mentors. Kokoda is a 12-month youth mentoring program providing local youth experiencing difficulties with an opportunity to re-connect with education, employment, family, community and support to make positive life changing decisions.



The program recruits adults from the local community to provide mentoring and support to the young people participating, with a strong focus on the linking of disadvantaged young people to positive adult role models. Training provided to the mentors ensures that the young people are receiving the maximum benefit possible from the program including –

*** Social interaction through group physical training sessions**

*** One-on-one sessions ensuring the achievement of extended social networks**

*** Building of confidence, self-esteem and positive communication**

*** Life skills and core values that will assist them in everyday life, their careers and relationships**

*** Creating an environment that enables their full potential to be realised.**



The program highlight is the trip to Papua New Guinea to walk ***"in the footsteps of heroes"*** along the historical Kokoda Trail. It is here where emotions are brought to the forefront, participants discover themselves and their inner strengths, gain an insight into the sacrifices made by many young Australian soldiers and experience a culture far removed from our own.

Kokoda has had a positive influence on many of the young people who have participated in the program during the last 10 years, this has included but not limited to outcomes such as-

*** Returning to school**

*** Tertiary Education**

*** Commencing training and / or employment**

*** Entering sustainable accommodation**

*** Improved physical & mental health**

*** Increased independent living skills**

*** Increased self-esteem, confidence and social skills.**

